



AMANDA TICE

THE NEW MOM CODE

Shatter Expectations and
Crush It at Motherhood

[CLICK HERE](#) for Book Info, Media Page, and Headshots

Bio

Amanda Tice is a successful curve model who has worked the past twelve years for and with well-known retail clients such as Nordstrom, Target, Saks, and Hanes. Since becoming a mom, Amanda has built on her background in Comparative Human Development to lead a mom revolution aimed at helping mothers tap into their inner wisdom and uncover hidden truths about motherhood to thrive postpartum and beyond.

Questions to Ask Amanda

- ▶ What are the stages of self-transformation when becoming a new mom?
- ▶ What was your personal journey with body dysmorphia and body positivity?
- ▶ What is the science behind postpartum norms?
- ▶ What have you learned in your motherhood journey so far?
- ▶ How have you coped with mama burnout?
- ▶ How did you become a curve model when it wasn't common in the industry?
- ▶ What was it like to model for Heidi Klum's swimsuit line soon after having a baby?
- ▶ What is *The New Mom Code*, and why did you decide to write this book?

Fun Facts

- ▶ *The New Mom Code* achieved #1 New Release on Amazon Kindle in Parent's Health & Nutrition.
- ▶ Amanda has modeled for JCPenney with her son, George, but her husband hates being photographed.
- ▶ Amanda made her best mom friend at a prenatal yoga class.
- ▶ Amanda has moved 5 times in the past 4 years.
- ▶ As a model, Amanda has worked with the Kardashians, Jennifer Lopez, and Heidi Klum.

#1 AMAZON NEW RELEASE



CONTACT AMANDA
amandatice@gmail.com

